

FAMILY WELLNESS PRODUCTS DVD and VIDEO

Survival Skills for Healthy Families—Six Sessions

Each session is about 1.5 hours of an actual presentation by George Doub and Virginia Morgan-Scott to families.

Set of DVDs or Videos \$330 per set (includes GST)

Demonstration DVD or Video \$22 (incl GST)



Coaching Skills

Learn COACHING, the unique and highly successful method to teach Family Wellness Survival Skills to families. In one hour you will learn three steps to make your interventions with families more effective, to help families change quickly, and achieve life-long skills to manage family life. Cost: DVD or video \$99 (incl GST)

PowerPoint Presentation and OHP Masters on CD-ROM. Cost: \$66 (includes GST)

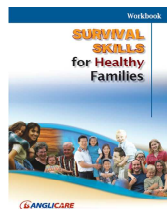
Conference Flip-chart Set (as per PPT and OHP)

A1 size 32 pages doubled sided and laminated on 10cm hinged rings B&W only. Cost \$297 inc gst.

WORKBOOKS

Family Workbook

This excellent, 145 pages, revised, interactive workbook for families is available in an Australian edition. It is a valuable tool used in the "Survival Skills for Healthy Families" course or together with the DVD/Video series. It may also be used separately by families as a learning tool for the whole family.



- The six sessions are:
1. Parents in Healthy Families
 2. Children in Healthy Families
 3. Couples in Healthy Families
 4. As Children Grow—change in healthy families
 5. Solving family problems
 6. Sex, Drugs and You—passing on your values

Family Workbook \$27.50 incl gst (Australia version)

Carton of 30 workbooks pay only \$660 incl gst.

(Spanish and Chinese versions available to order @ \$44 each)

INSTRUCTOR MANUALS

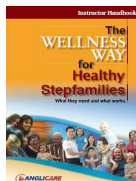
Survival Skills for Healthy Families

The basic course training manual contains all the theory, presentation and coaching skills plus the complete script for presenting a six session family course. The manual includes all the worksheet masters ready for copying and additional material for use in a church setting if required. Cost \$165 includes GST.



The Wellness Way for Healthy Stepfamilies

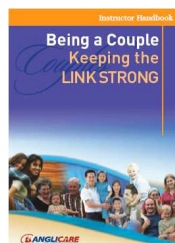
"What they need, and what works"



This manual provides the Family Wellness Instructor with additional theory, content and skills for working with stepfamilies. This handbook accompanies the Instructor Manual. Materials are provided for eight sessions. Cost \$66 incl GST.

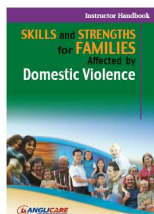
The Strongest Link: The Couple

The primary purpose of this Instructor Handbook is to provide Family Wellness Instructors with additional theory, content and skills for working with couples using six core sessions and six additional sessions. Core sessions cover communication skills, problem solving, personal values and goals, money management and intimacy. Additional material is provided for stepfamilies, parent and in-law issues, domestic violence, parenting and life changes. Cost \$66 incl. GST



Skills and Strengths for Families affected by

Domestic Violence



This additional curriculum is available for those who wish to provide families and adults with the skills, concepts and resources to prevent domestic violence. It also provides for those working with perpetrators and victims. The content is adaptable for a ten week prevention program. It is recommended that users complete the full DV instructor training course before using this manual. Cost \$66 inc GST.

Survival Skills for Healthy Christian Families is additional curriculum for teaching and supporting healthy family relationships based on Biblical principles. Cost \$11 incl GST.

FAMILY WELLNESS ORDER FORM

PRODUCT	COST inc GST	Qty	Total \$
Instructor Manual	\$165		
Couples Manual	\$66		
D.V. Manual	\$66		
Stepfamily Manual	\$66		
Family Workbook	\$27.50		
Carton of 30 Family Workbooks	\$660		
Six Session DVD set	\$330		
One session DVD	\$66		
Coaching DVD or Video (circle one)	\$99		
Demonstration DVD or Video (circle one)	\$22		
PowerPoint & OHP Presentation Files	\$66		
Instructor Flip Charts	\$297		
FW Train Whistle	\$16.50		
SS for Christian Families Instructor Workbook	\$11		
Sub Total \$			
(If a trained Instructor, take 20% off the subtotal)			
Add P&H (see over)			
TOTAL \$			

ORDER FORM

Survival Skills for Healthy Families

Name Date

Organisation

Address

..... Postcode

Telephone

Email

PAYMENT DETAILS:

Cheque / Money order is enclosed

Please make cheques payable to:

ANGLICARE Relationship Education

OR

Please charge the amount of \$.....

to my [] Visa [] MasterCard

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Name on Card

Expiry Date: __ / __ *Verification No: ____

(*last 3 numbers on the back of the card)

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Fax 02 9635 1792 (fax both sides of this form!)

Postage and Handling

Postage or road freight to any address in Australia

For orders up to \$50 add P&H of \$6.00

For orders \$50 to \$100 add P&H of \$8.00

For orders \$100-\$199 add P&H of \$12.00

For orders over \$200 add 6% for Post and Handling.

The Family Wellness Story

In the 1970s George Doub was a social worker operating in the Bay Area near San Francisco with families and their children at risk. George realised these families lacked the basic skills and structure to successfully manage life as healthy families. With his associates he set about building the education program we have today called, "Survival Skills for Healthy Families", programs he proudly identifies as "blue collar courses". Since 1980 these courses have been presented to more than 600,000 families world-wide by the many thousands of instructors trained by George and his team.

FW Instructor Training

For

Survival Skills for Healthy Families

In order to make the best use of these materials, all users are encouraged to participate in an Instructor Training Program held periodically over four days. The 30 hour training covers the course content and theory, the coaching and role play skills and how to promote your course. Enquiries for training should be directed to the ANGLICARE (Sydney) FREI Relationship Education and Training Unit
telephone 02 9895 8054

or email education@anglicare.org.au

Full details of both Family Wellness Instructor Training and Family Wellness Family Courses can be found at www.anglicare.org.au/our-services/relationship-education/family-wellness

Telephone enquiries to 02 9895 8054

All prices shown are subject to change without notice. Prices are correct as at 1/4/2009
All trained and accredited instructors receive 20% discount on purchases after completing FW training.

Family Wellness Australia

Resources Catalogue

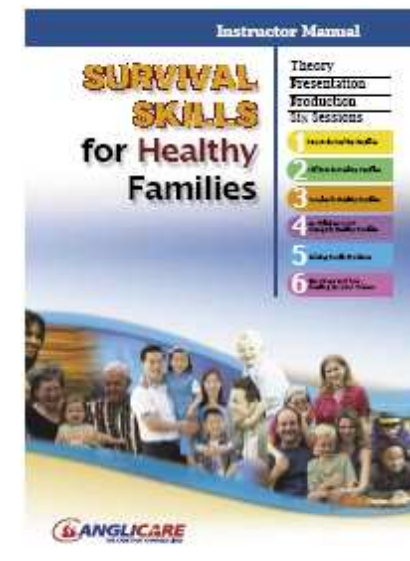
SURVIVAL SKILLS FOR HEALTHY FAMILIES

WORKBOOKS

MANUALS

FLIP-CHARTS

DVDS & VIDEOS



 **ANGLICARE**
THE CARE THAT CHANGES LIVES